



LEYTON PUBLIC SCHOOLS

03/19/2024

Leyton Public School Community Members,

Triennial Wellness Assessment Results

We take pride in our efforts to educate the whole child. Daily, we want our students to feel safe, supported, and engaged while they are learning in our schools. Each year we must closely examine our Wellness Policy and the focus we put into the overall care of our students Mind, Body, and Soul.

We know when schools focus on student's well-being in school- such as healthy eating habits, access to fresh fruits and vegetables, opportunities to learn quality social-emotional habits, and keeping kids in school for as many days as possible- have traditionally been indicators of success not only in school but in life.

School Goals

- a. The district will promote healthy food and beverage choices for all students, as well as encourage participation in school meal programs by such methods as implementing evidence-based healthy food promotion techniques through the school meal programs and promoting foods and beverages that meet or exceed the USDA Smart Snacks in School nutrition standards.
- b. The health curriculum will include information on good nutrition and healthy living habits.
- c. Teachers will incorporate information on nutrition and wellness into the classroom curriculum as appropriate.
- d. The district will collaborate with public and private entities to promote student wellness.
- e. Water will be made available during the school day

School Wellness Policy #5052 Survey Results from the Wellness Committee [Click Here](https://drive.google.com/file/d/1y6I2LY-qUZ1E65qvJj3pGX2Kuz2mJHPp/view)
<https://drive.google.com/file/d/1y6I2LY-qUZ1E65qvJj3pGX2Kuz2mJHPp/view>

Moving Forward: Our District will develop more opportunities within the school(s) to advertise and promote healthy snacks. We will also work on communicating to our stakeholders about our efforts to maintain our focus on wellness at Leyton Public Schools.

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